

SHAMEKA RODGERS, MSN, FNP-C

shameka1@uab.edu

PROFILE

My goal is to deliver compassionate, comprehensive care that promotes and maintains the health of my patients and their community. I also strive to obtain a Ph.D. in Nursing and focus on decreasing health disparities in rural and underprivileged areas. I want to also help facilitate the preparation of other professionals to serve these areas through education and resources.

EDUCATION

The University of Alabama at Birmingham
PhD in Nursing

Begin Date: August 2018

- ❖ UAB Graduate School Blazer Fellow

The University of Alabama at Birmingham
Masters of Science in Nursing
Family Primary Care

August 2016

- ❖ Graduate Nursing Education Primary Care Scholar (Rural Health)

The University of Alabama at Birmingham
Bachelors of Science in Nursing
Psychology Minor

August 2014

- ❖ University Honors in Experiential Learning
- ❖ UAB Nursing School Honors Program

CAREER

UAB Graduate School/UAB Department of Nutrition Sciences
Birmingham, AL

Aug.2018-Present

Graduate Assistant/Research Assistant: HAPi Study

- ❖ Registered nurse for the study who is responsible for serum sample collection and examination of any possible adverse reactions
- ❖ Administer questionnaires to obtain qualitative data.
- ❖ Operate RMR (resting metabolic rate) machines to obtain indirect calorimetry data as quantitative measurements
- ❖ Operate DXA machine to obtain radiographic images of participants
- ❖ Attend research team meetings with a multidisciplinary team

Rural Health Group- Enfield
Enfield, North Carolina

Apr. 2017 –Mar 2018

Family Nurse Practitioner

Midlevels for the Medically Underserved Residency Program

- ❖ Local primary care provider for a small rural town in a Federally Qualified Healthcare Center (FQHC)
- ❖ Perform physical exams, diagnose, treat, and manage acute and chronic diseases within my scope of practice.
- ❖ Collaborate with other team members to insure quality care for patients and their family

- ❖ Develop interventions to aid in increased health literacy and education especially catering to the patients population, including new patient information board and information station

UAB Hospital Women and Infants' Center
Birmingham, AL
Gynecology/Oncology

Aug 2014-Apr.2017
 April 2018 –Aug. 2018

Registered Nurse – Chemotherapy Certified, PRN Charge Nurse

- ❖ Observe patients to determine changes (deterioration or betterment) in condition and ensure that they are reported and recorded immediately
- ❖ Develop plans of care to effectively and efficiently lead patients toward a successful recovery or health care goal
- ❖ Develop rapport with patients and their families and provider their psychosocial needs
- ❖ Preceptor for new nurses, senior BSN students, and current RN program students

LICENSES/CERTIFICATIONS

Family Nurse Practitioner – American Academy of Nurse Practitioners
 Certification #F1116681 Exp. 11/28/2021

Registered Nurse/Advanced Practice Nurse – North Carolina
 License #5009474 Exp. 02/28/2019

Registered Nurse – Alabama
 License #1-147474 Exp. 12/31/2018

Rigor, Reproducibility, and Transparency(R2T) 2018
 UAB Center for Clinical and Translational Science

RESEARCH EXPERIENCE

UAB Department of Nutrition Sciences 2018

HAPi Study: Health After Pregnancy (Intergenerational Transmission of Obesity in a Cohort of Mother –Child Dyads)

Principal Investigator: Dr. Paula Chandler-Laney

- ❖ Research Assistant- Studying the metabolic fitness of mother and child dyads as well as other biomarkers that can help determine if metabolic composition is passed in-utero.

UAB School of Nursing 2018

Pilot Study

Principal Investigator: Dr. Marti Rice

- ❖ Research Assistant – Involved in the planning and the implementation of a project studying the effect size of pre-school teacher’s demographics, anthropometrics, and other behavioral and environmental factors on student blood pressure.

UAB School of Nursing	2018
Pilot Study	
Principal Investigator: Dr. Marti Rice	
❖ Research Assistant – Studying the effect size of pre-school teacher’s demographics, anthropometrics, and other behavioral and environmental factors on student blood pressure	
“Influences on Child BMI in 3-5 Year-Old Children”	
Authors: Cynthia Irwin Joiner, PHD, RN; Olivia Affuso, PhD; Andres Azuero, PhD; Deborah Ejem, PhD; Fadi Hage, MD; Anne Turner-Henson, PhD, RN, FAAN; Marti Rice, PhD, RN, FAAN.	
❖ Manuscript Assistance- Assist with writing manuscript by doing literature reviews and evaluating data.	
UAB Nursing Honors	2013
“Telemedicine to Improve Depression and Adherence in HIV + Women in the Rural South”	
Mentor: Dr. Mirjam-Colette Kempf, PhD, MPH	
❖ Research Assistant- Studied the effects of depression on adherence to anti-retroviral therapy in African American women of the rural South	
Ronald E. McNair Scholars Program	2012
“The Consequence of Being a Teen Mom: The Experience of Stress during Adolescent Pregnancy”	
Mentor: Candace Knight, PhD, RN	
❖ Research Assistant - Studied stressors that affected pregnant adolescents in different communities of the Birmingham area	
PRESENTATIONS	
UAB Graduate Nursing Education Primary Care Scholars Webinar	2018
“Taking Your Leadership to the Next Level”	
Georgiana High School Future Business Leaders of America Presentation	2016
“College, Health Careers, and UAB”	
UAB School of Nursing Family Nurse Practitioner Program Scholarly Project	2016
“Dunking on Diabetes: Increasing Health Literacy in Underprivileged Populations”	
39th Annual National Rural Health Association Conference	2016
“Nurse Practitioners: Leading the Way in Primary Care”	
Sigma Theta Tau International Nursing Honors Society’s Founders’ Day	2013
“Telemedicine to Improve Depression and Adherence in HIV + Women in the Rural South”	
UAB Graduate Expo	2012
“The Consequence of Being a Teen Mom: The Experience of Stress during Adolescent Pregnancy”	
CONFERENCES	
Community Engagement Institute – Birmingham, AL	2018
What’s Up Primary Care – Nashville, TN	2018
Managing Women’s Health Issues Across a Lifespan – Atlanta, GA	2018

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Midlevel for the Medically Underserved Opening Conference –Nashville, TN 2017
39th Annual National Rural Health Association Conference - Minneapolis, MN 2016
Alabama Rural Health Association Annual Conference 2016

SEMINARS

Blazer Fellow: School of Nursing PhD Fellows Monthly Seminar 2018
Nutrition Obesity Research Center Weekly Seminars 2018

COMMUNITY EXPERIENCES

Take Your Child to the Doctor Day 2018
Church of the Highlands Member/Dream Team Serve Team- Birmingham, AL 2014-present
M-Power Ministries 2015
UAB Alternative Spring Break "Immigrant Immersion" 2012

AWARDS

UAB Graduate School Blazer Fellow
UAB Hospital Innovation Board Grant Approval
Ronald E. McNair Scholar
UAB Spring 2014 Commencement Address Speaker
UAB Who's Who Among America's Colleges and Universities (2012-13, 2013-14)
Sigma Theta Tau International Nursing Honor Society

MEMEBERSHIPS

The Obesity Society
Southern Nursing Research Society
Council for the Advancement of Nursing Science
American Association of Nurse Practitioners
American Nurses Association
Alabama Nurses Association
National Rural Health Association
UAB Nursing Graduate Student Association (Chair of Public Relations and Media Committee, 2015-16)

INTERESTS/OTHER FACTS

Pediatric Obesity
Rural Health, Community Health, and Public Health
School Age, Adolescent, and Young Adult Health Education
Georgiana, Butler County, Alabama (Black Belt Region) native
Blogger – www.mispeccs.com